The Wildcat Café

Welcome to the 2012-13 school year. This year will certainly be an exciting year as we showcase more healthy meal choices in our menus. The school **Wellness Policy** is in place and we are serving breakfast and lunch that encourage healthier life styles. Reducing fat and eliminating trans fats from the menus will also help to maintain a healthy diet. We also have more whole grain breads and wraps to enhance our menus, as well as adding more fresh fruits and veggie selections. We will be serving up fun and nutrition at the same time. Please feel free to contact any of us with your ideas and comments, or visit us on the web site for additional nutrition information.

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Caring and Commitment: Our Main Ingredients

School Policy on Student Lunch Accounts

- Every student has a lunch account, whether it is used or not.
- Money can be deposited at every location during lunch time or online at sendmoneytoschool.com
- **Lunch may not be charged.**
- Free/Reduced meal applications are available from the school office or on our website.
- Parents are encouraged to keep their child's account current. You can look at your child's account by going to sendmoneytoschool.com. Please have your child's ID number. Parents may sign up for automatic account balances via e-mail through the food service district website.
  oxfordschools.org

Contact Information:

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Oxford Middle School Menu May 2013

Wildcat Grab-n-Go at the Snack Shack

Caesar Chicken Salad **$ 2.60**
Grilled chicken, romaine lettuce, croutons, parmesan cheese, tomato, Caesar Dressing.

Taco Salad **$ 2.60**
Taco meat, cheddar cheese, lettuce, tomato, salsa with tortilla chips and sour cream.

Southwest Chicken Salad **$ 2.60**
Fresh lettuce, cheddar cheese, grilled or crispy chicken with a zesty southwest dressing.

Classic Garden Salad **$ 2.60**
Lettuce, tomato, cucumber and egg with a choice of dressing.

BBQ Chicken Salad **$ 2.60**
Romaine lettuce, grilled BBQ Chicken, cheddar cheese, tortilla chip strips.

Chef Salad **$ 2.60**
Romaine lettuce, ham, turkey, tomato, cucumber, cheddar cheese, and egg slices.

Ham & American Cheese Wrap **$ 2.60**
With fresh fruit and veggies

Turkey Wrap **$ 2.60**
Turkey, lettuce, tomato and fresh veggies and fruit.

Egg Salad Sandwich **$ 2.60**
Egg salad sandwich with fresh veggies & fruit.

Chicken Caesar Wrap **$ 2.60**
Lettuce, chicken strips, parmesan cheese, caesar dressing.

Popcorn Chicken Salad **$ 2.60**
Lettuce, popcorn chicken, shredded mozzarella cheese, shredded cheddar cheese

SendMoneyToSchool.com

All items may be purchased a-la-carte along with many other snack choices

May 2013
Every lunch
Includes choice of entrée, two different side dishes (salad, fruit, vegetable or fries), and milk

Wildcat Sandwiches

Classic Burger or Cheese Burger **$ 2.60**

Wildcat Pizza Lunches

Cheese or Pepperoni Pizza Slice **$ 2.60**

Bosco Sticks **$ 2.60**

Popcorn Chicken with Tator Tots **$ 2.60**

Wildcat Chicken Shack

Grilled Chicken Sandwich **$ 2.60**
Chicken Patty Sandwich **$ 2.60**
Hot & Spicy Chicken Patty Sandwich **$ 2.60**
Chicken Nuggets **$ 2.60**

Wildcat Daily Specials
$2.60 Lunch

5/1	Mini Corndogs with Carrot Coins
5/2	Wildcat Mash
5/3	Calzone with Tossed Salad
5/6	Italian Dunkers with Tossed Salad
5/7	Cheese or Chicken Quesadilla with Black Bean Salsa
5/8	Brunch for Lunch
5/9	Wildcat Mash
5/10	Orange Chicken with Brown Rice and Far East Vegetables
5/13	Nachos Deluxe with Broccoli
5/14	Build your own Burger & Tator Tots
5/15	Wildcat Cheesy Bread with Marinara Sauce and Tossed Salad
5/16	Wildcat Mash
5/17	Build your own Sub with Carrot Coins
5/20	Chicken Snack Wraps
5/21	Pulled Pork on a bun with Baked Beans
5/22	Tacos and Refried Beans
5/23	Wildcat Mash
5/24	Macaroni & Cheese with Steamed Broccoli
5/27	No School
5/28	Chicken Tenders or Spicy Tenders with Tator tots
5/29	Baked Zita with Tossed Salad and Garlic Toast
5/30	Wildcat Mash
5/31	Italian Grinders with Carrot Coins