



What's for Lunch?

Great Start Readiness Program



OXFORD NUTRITIONAL SERVICES
 Director, Karen Bissett
 (248) 969-5167 • www.oxfordschools.org

MONDAY Italian Dunkers Marinara Sauce Garden Salad Mandarin Oranges and Milk	MONDAY Mini Pancakes Turkey Sausage Fresh Baby Carrots Orange Smiles and Milk	MONDAY Wild Mike's Cheese Bites Garden Salad Pears Milk	MONDAY French Toast Sticks Turkey Sausage Baby Carrots Orange Smiles and Milk
TUESDAY Soft Shell Beef Taco With Lettuce and Cheese Corn and Refried Beans Pears Milk	TUESDAY Cheese Pizza Garden Salad Mandarin Oranges Milk	TUESDAY Turkey Wrap Fresh Veggies Apple Slices Milk	TUESDAY Cheese Pizza Garden Salad Pears Milk
WEDNESDAY Chicken Nuggets Mini Biscuit Tater Tots Peach Cup Milk	WEDNESDAY Popcorn Chicken Mashed Potatoes and Gravy Corn w/Whole Grain Roll Apple Slices Milk	WEDNESDAY Chicken & Waffles Tater Tots Applesauce Milk	WEDNESDAY Chicken Nuggets Fresh Veggies Whole Grain Roll Mandarin Oranges Milk
THURSDAY Mini Corn Dogs Carrot Coins Pineapple Milk	THURSDAY Macaroni and Cheese Steamed Broccoli Garlic Toast Grapes Milk	THURSDAY Mini Corn Dogs Green Beans Mixed Fruit Milk	THURSDAY Hamburger on Bun Baked Beans Peaches Milk
FRIDAY NO SCHOOL	FRIDAY NO SCHOOL	FRIDAY NO SCHOOL	FRIDAY NO SCHOOL

Daily Requirements

- Fruit**
 2-3 years old - 1 cup
 4-8 years old - 1 to 1½ cups
- Vegetables**
 2-3 years old - 1 cup
 4-8 years old - 1½ cups
- Grain**
 2-3 years old - 3 ounce equivalent
 4-8 years old - 5 ounce equivalents
- Protein**
 2-3 years old - 2 ounce equivalents
 4-8 years old - 4 ounce equivalents
- Dairy**
 2-3 years old - 2 cups
 4-8 years old - 2½ cups



For your convenience, visit www.sendmoneytoschool.com to make deposits on your child's account. There is a charge of \$2.00 for each transaction. You may continue to make deposits at your child's school. **You can use the website to monitor your child's account at no cost.**

USDA is an equal opportunity provider and employer

JANUARY					FEBRUARY					MARCH					APRIL					MAY				
										2	3	4	5	*			*	*	*	4	5	6	7	*
6	7	8	9	*	3	4	5	6	*	9	10	11	12	*	6	7	8	9	*	11	12	13	14	*
13	14	15	16	*	10	11	12	13	*	16	17	18	19	*	13	14	15	16	*	18	19	20	21	*
*	21	22	23	*	*	18	19	20	*	23	24	25	26	*	20	21	22	23	*	*	26	27		
27	28	29	30	*	24	25	26	27	*	*	*				27	28	29	30	*					

A VARIETY OF FRESH FRUITS AND VEGETABLES ARE OFFERED DAILY. A FAT FREE OR 1% MILK IS SERVED WITH EACH MEAL. MENUS ARE SUBJECT TO CHANGE BASED UPON MARKET AVAILABILITY.

* = NO SCHOOL
 School year 2019-20