

# For Your Health & Happiness

A Meemic Foundation Grant



## Win Calm Apps for Your School Employees!

The Meemic Foundation can be counted on to provide a variety of exciting and needed products to equip classrooms for educational excellence. Now, we want to support the mental health of the school employees, too. That's why **we will provide 44 schools a one-year subscription to the Calm App for 100 of their school employees!**

Calm is a leading app for relaxation, meditation and sleep, providing a number of programs that support the benefits of mindfulness. This includes their most popular 10-minute meditation, 'The Daily Calm,' which introduces a fresh, mindful theme and inspiring concept each day.

### Applying is super easy!

- Simply log in to your Foundation Club account & nominate your school.
- Recruit your colleagues to join the club and nominate your school. The more applications we receive that nominate your school, the greater your chance of winning.
- Not interested in this for your school? Don't forget you have the power as a Meemic Foundation Club Member to nominate any school!

Not a Foundation Club Member? It's easy to join.

**Visit [MeemicFoundation.org/Register](https://MeemicFoundation.org/Register)** to join.

**Entries will be accepted through September 30, 2021.**

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